

MOON'S CARPACCIO

15.50

Thinly sliced of vegan fish, with avocado, ponzu, green onion, rayu, cilantro, jalapeños and nuts.

BUZZ CARPACCIO

15.50

Thinly sliced of tuna or hamachi, with ponzu, rayu, green onion, cilantro, jalapeños and tobiko.

EDAMAME

4.50 Steamed salted sov beans with salt and lemon.

GYOZA 6.50

Steamed (pork or veggie) pot stickers.

SHUMAI (4pc) Steamed shrimp dumpling.

MISO SOUP 3.25

3.25 RICE BOWL

6.25 HOUSE SALAD Mixed greens with THE

BUZZ dressing.

SUNOMONO 6.50

Cucumber over a bed of radish in a ponzu sauce with sesame seeds.

IKA SANSAI (*) 11 Marinated and seasoned

VEGAN OMAKASE

Omakase style.

Vegan chef choice

THE GOLDEN BUZZER

squid salad.

HIYAYAKKO

Cubed cold Tofu topped with green onion and seaweed with ponzu sauce.

BUFFALO 15 TEMPEH

Marinated baked tempeh with buffalo home made sauce with THE BUZZ dressing and celery.

KAMA (**) 14.25

and cilantro.

33 SUSHI LUNCH

SPECIAL

shashimi.

(Subject to availability) Yellowtail or salmon collar with sea salt and ponzu sauce.

15.25 *POKE SALAD Marinated tuna or vegan fish in a bed of radish, cucumber, mango, seaweed, avocado, nuts

*POKE NACHOS 🏈 💜 13.95

Chips with marinated blackened seared tuna/vegan fish, avocado, mango, jalapeños, red onion, cilantro, spicy THE BUZZ dressing and tobiko.

Chef's choice roll and 4 pc

18.25

8.50

GLUTEN FREE

Served in pairs over rice

TUNA (8) 9 8.50

Plant based.

VEGAN

SALMON 8.50

Plant based TERIYAKI TOFU

6.50 INARI

Bean curd.

*SAKE 8.50 Salmon.

*SMOKED SAKE 8.50 Smoked salmon.

*MAGURO (2) 8.95 Tuna.

*HAMACHI (2) 8.97 Yellowtail.

8.95 *SHIRO MAGURO White tuna.

*UNAGI (%) 9.55 Fresh water BBQ Eel.

GF AVAILABLE

TAMAGO (8) V 6

Egg cake.

6.75 ERI Sushi shrimp *SABA 6.75

Mackerel.

*SAKE 8.50 Salmon.

*SPICY HOTOTATE 8.50

Spicy scallops. *TOBIKO 7.95

Flying salmon roe.

Served on a bed of rice, accompanied by salad and miso soup

CHIRASHI PLANT BASED DON

Assorted fresh vegan

sashimi and garnish. VEGAN CHICKEN

19.95 TERIYAKI DON 16.15 TOFU TERIYAKI DON

*CHIRASHI DON 27.95 Assorted fresh sashimi and garnish.

27.95 *UNAGI DON 29.95 Grilled BBQ Eel.

> CHICKEN 18.55 TERIYAKI DON

SALMON SHIOYAKI 20.95 DON

SABA SHIOYAKI 18.95 DON

Mackerel

SKIRT STEAK 21.95 TERIYAKI DON

Cooked to medium.

Items marked with an asterisk (*) indicate dishes prepared with raw fish. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Allergen Advisory: Food may contain or come into contact with fish, shellfish, soy, tree nuts, sesame, peanuts, wheat, eggs, or milk.

20% gratuity will be automatically added to parties of 5 or more. Maximum of 3 separate payments allowed per table.

Optional 15% gratuity may be applied to dine-in checks left blank for tip.

Optional 5% gratuity may be applied to take-out orders.

STARTER (6pc) 18 ENTRÉE(10pc) 26.50

Entrée served with miso soup salad and rice

*SAKE Salmon.

*COMBO SASHIMI Chef's choice.

*MAGURO

Tuna.

*HAMACHI Yellowtail.

*SHIRO MAGURO

White tuna

TONALLI MOCKTAIL (2) 12.95

16 oz. Blackberry mojito base (NA), sparkling water, ginger beer, lime juice, fresh spearmint and salt.

MALINCHE KAVA (**) 12.95

16 oz. Kava infusion with guava kombucha, fresh orange juice, apple-based vegan honey and tajín rim for a zesty kick.

TEPACHE (%) 9

16 oz Jar. House-made Traditional Mexican fermented pineapple drink. Tangy and slightly sweet.

GINGER BEER (%) 6.50 Guava or natural. Crisp and refreshing. (NA)

KOMBUCHA (%) \$

Depending on selection. Rotating house kombucha flavors. Ask what's bubbling today.

SODA 3.50

Pepsi, Diet Pepsi, 7up. SPARKLING WATER 4.50

RAMUNE SODA 4

Classic Japanese marble soda in assorted flavors. HOT TEA 4

ICED TEA 4 LEMONADE 4 ARNOLD PALMER 4.50 **BOTANICAL WATER 4**

Infused sparkling water with assorted botanicals.

ASSORTED ICE CREAM MOCHI 4

Ice cream wrapped in thin, soft, chewy and sweet rice dough.

ASSORTED ICE CREAM 8.95

Rotating flavors. Ask for today's selection.









AVOKYU 7.95 Avocado and cucumber KAPPA MAKI 5.95

Cucumber.

AVOCADO ROLL

Avocado.

9.15 YAM ROLL

Steamed yam, avocado, cucumber topped with unagi sauce.

GREEN CALI

9.55

Seasoned shredded tofu and avocado.

SPICY TOFUNA

9.55

Spicy tofu and cucumber

12.25 EBI IN THE ROCKS

Shrimp tempura, avocado, cucumber topped with unagi sauce.

CHEATING MYSELF (%) 14.50

Vegan chicken, steamed yam, teriyaki tofu topped with sun-dried tomato, avocado topped with THE BUZZ dressing and unagi sauce.

15.55 MIRRA (BAKED)

Steamed yam, nuts, avocado topped with shiitake mushrooms, pesto sauce, seaweed caviar, green onion and unagi sauce.

VALERIAN VIBE (TORCHED)

Mango, cream cheese, seasoned shredded tofu topped with sun-dried tomato, pesto sauce, green onion, crunchy, mango sake vinaigrette and unagi sauce.

101 EAST

15.50

Shiitake mushrooms, spicy/sweet nuts, basil, asparagus topped with avocado, smoked beets, green onion, THE BUZZ dressing, habanero sauce and unagi sauce.

HORTENCIA (8) 15.50

Tempeh, roasted jalapeño, celery, topped with vegan salmon, mango, pesto sauce and unagi sauce.

FISHY PHILLYS 12.75

Vegan salmon, cream cheese and avocado.

THE RAINBOW GOBLIN

16.95 Seasoned shredded tofu, avocado topped with chef's choice vegan fish,

BULMA (2) 16.95

unagi sauce and spicy mayo.

Spicy tofu, shrimp, cucumber topped with avocado, vegan tuna, green onion, crunchy, THE BUZZ dressing and unagi sauce.

ALCATRAZ ESCAPE

16.95

Cream cheese, seasoned shredded tofu, shrimp, topped with vegan salmon, avocado, jalapeños, spicy mayo and unagi sauce.

MISSING PIECE (2) 14.75

Shiitake mushrooms, steamed asparagus, basil, fresh garlic topped with avocado, nuts and unagi sauce.

CUERNO DE CHIVO

15.05

Steamed pumpkin, avocado, spicy nuts, shiso, fresh garlic topped with spicy tofu, jalapeño, green onion, THE BUZZ dressing and unagi sauce.

HAWAII (2) 9.95

Mango, nuts and avocado.

THE PIPE (2) 15

Vegan cream cheese, steamed asparagus, steamed yam, fresh garlic topped with smoked beets, avocado, nuts, unagi sauce and THE BUZZ dressing

RAMITO DE AZAHAR (2) 15

Cactus, steamed pumpkin, basil topped with seasoned shredded tofu. jalapeño, cilantro, pesto sauce and unagi sauce.

CHAPARRAL (2) 15 (FUTOMAKI HALF SHEET NORI)

Cream cheese, seasoned shredded tofu, shrimp, topped with vegan salmon, avocado, jalapeños, spicy mayo and unagi sauce.

ALL MINE (2) 14

Spicy tofu, avocado, spicy nuts, basil, shiitake mushrooms, pickled jalapeños, pumpkin, smoked beets topped with THE BUZZ dressing and unagi sauce.

*TONANTZIN (2) 16.95

Hamachi, shrimp tempura, cilantro, avocado topped with habanero tuna, crunchy, green onion, THE BUZZ dressing and unagi sauce.

*SHENLONG (17.25

Snow crab, cucumber, avocado topped with unagi eel, green onion, THE BUZZ dressing and unagi sauce.

*TIME CHAMBER 17.85

Habanero tuna, avocado, basil topped with unagi eel, green onion, THE BUZZ dressing and unagi sauce.

*HWY 1 16.50

Mango, unagi eel, nuts topped with avocado and unagi sauce.

TRUNKS () 16.75

Hamachi, cucumber, fresh garlic, lemon, basil topped with avocado, wakame seaweed, habanero sauce, mango sake vinaigrette and unagi sauce.

*SANTA CRUZ

16.55

Shrimp tempura, spicy tuna, cucumber topped with maguro, avocado, tobiko, green onion, crunchy, THE BUZZ dressing and unagi sauce.

*CARIBBEAN (%) 16.95

Shrimp tempura, avocado, cucumber topped with tuna, salmon, mango, tobiko, nuts, mango sake vinaigrette, unagi/habanero sauce.

*FREDDY CRABS 17.10

Snow crab, shrimp tempura, avocado topped with habanero crab, shredded. coconut, green onion, THE BUZZ dressing and unagi sauce.

*RUT 16.95

Krab, mango, roasted jalapeño topped with spicy scallops, crunchy, habanero sauce, pesto sauce and unagi sauce.

*TWIN SALMON (3) 16.20

Salmon skin, cucumber, yamagobo, shiso topped with salmon, lemon, togarashi, bonito flakes THE BUZZ dressing & ponzu sauce

DRAGON RADAR () 15.95

Maguro, spicy nuts, fresh garlic topped with salmon, fresh lemon and unagi sauce.

SECRET WEAPON (BAKED) (3) 16.85

Spicy krab, mango, shrimp tempura topped with salmon, spicy mayo, tobiko, green onion and unagi sauce.

CAPSULE CORP (BAKED) (2) 16.25

Spicy tuna, cream cheese, avocado topped with salmon, spicy mayo, habanero sauce,

*JUREL & NATTO 16.05

Mackerel, cucumber, yamagobo, lemon, shiso, garlic, green onion rolled into furikake topped with natto, green onion, bonito flakes and ponzu sauce.

*THE BUZZRITO (FUTOMAKI) CUT IN HALF

Habanero tuna, shrimp tempura, avocado, crunchy topped with THE BUZZ dressing and unagi sauce.

16.95

*FLYING NIMBUS (FUTOMAKI HALF SHEET NORI)

Salmon, hamachi, cucumber, fresh garlic topped with green onion and ponzu sauce.

* HA-CHIRO (*) 15.05

Habanero krab, cream cheese, avocado, rolled in hot cheeto crumbs with spicy THE BUZZ dressing and valentina sauce.

*TEMPLO DE KARIN (%) 16.25

Shrimp tempura, cream cheese, avocado, nuts topped with smoke salmon, sriracha and unagi sauce.

*RAINBOW 17.55

Snow crab, cucumber, avocado topped with chef's choice fish.

*RAIN OF TLALOC 17.05

Smoked salmon, shrimp tempura, roasted jalapeño topped with habanero snow crab, green onion, ponzu sauce, THE BUZZ dressing and unagi sauce.

* MAJIN BUU (*) 15.95

Krab, shrimp tempura, avocado topped with hamachi, jalapeño with spicy mayo.

*ANDROID 18 (%) 17

Salmon, cucumber, fresh lemon, nuts, basil, fresh garlic topped with seared tuna, avocado, green and ponzu sauce.

CALIFORNIA ROLL 8.75 Crab Salad and avocado.

13.25 SNOW CRAB CALI Snow crab, avocado and cucumber.

*PHILADELPHIA (%) 12.50 Salmon, cream cheese and avocado.

*ROCK N ROLL 13 Eel, avocado and unagi sauce.

SPICY TUNA (1) 10.25 Spicy tuna and cucumber.

EBI TEMPURA 10.95 Shrimp tempura, avocado, cucumber and unagi sauce.

*NEGIHAMA (%) 7.50 Yellowtail and green onion.

*TEKKA MAKI (%) 7.50 Tuna.

*SAKE MAKI 7.50 Salmon.

*SPICY SCALLOPS HAND ROLL (TEMAKI) Spicy scallops and cucumber

*SALMON & HAMACHI HAND ROLL (TEMAKI)

Salmon, Hamachi, Green onions and avocado.

831-201-7168 1005 CEDAR ST. SANTA CRUZ CA 95060 WWW.THEBUZZSUSHI.COM



